



**Greek American Rehabilitation
& Care Centre**

220 N. First Street
Wheeling, IL, 60090
847-459-8700
www.greekamericancare.org

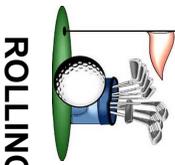
THE GREEK AMERICAN TIMES



August 15 - Dormition of the Theotokos

INSIDE THIS ISSUE:

- ~ August Birthdays
- ~ Note from Life Enrichment
- ~ Letter from the Administrator
- ~ Save the Date - Annual Golf Outing
- ~ History and facts about August



Save the Date
SEPTEMBER 21, 2020
Annual Golf Outing
ROLLING GREEN COUNTRY CLUB



Save the Date

Greek American Rehab
& Care Centre

September 21, 2020

Please join us at the
**Rolling
Green
Country Club**

2525 East Rand Road
Arlington Heights

**15th
Annual
Golf Outing**



For further information, please call 224-434-0509
www.greekamericancare.org



| | |
|--------------|------|
| Jayne V. | 8/02 |
| George T. | 8/12 |
| Kelly C. | 8/13 |
| Efthimia S. | 8/13 |
| Eugenia P. | 8/14 |
| Kateryna S. | 8/15 |
| Maria S. | 8/16 |
| Nick L. | 8/17 |
| Mary D. | 8/19 |
| David A. | 8/20 |
| Maria B. | 8/20 |
| Mary M. | 8/20 |
| Sophie N. | 8/20 |
| Isaak L. | 8/29 |
| Regina S. | 8/30 |
| Betty K. | 8/31 |
| Georgette S. | 8/31 |

*"It's not the years that count,
it's the memories you make
over these years"*

NOTE FROM LIFE ENRICHMENT ...

Welcome to the August issue of the Greek American Times.

July was full of crazy summer weather and lots of fun. The Residents spent as much time outdoors as the weather allowed. Residents and staff shared laughs over ice cream on the patio and had fun decorating sugar cookies on National Sugar Cookie Day. July 30th is known as National Cheesecake Day, so we purchased some cheesecakes from the *Cheesecake Factory* and had the residents try a variety of different cheesecakes. Mmmmm were they delicious!

We would also like to give a big thank you to our various friends of the facility for bringing us wonderful goodies, such as rice pudding and cookies. We look forward to all of your future surprise treats.

Due to Covid19 we are still taking extreme measures and social distancing and we encourage our residents to wear masks when they are out of their rooms. We have now opened the Dining Rooms, however, only two residents may sit at each table. We have managed to engage and socialize with residents by having smaller group programs and more 1on1 activities by our Life Enrichment staff.

We are continuing scheduled patio visits with families by having your loved one on the patio near the fence and family members on the outside of the fence. Please ensure you make your appointments ahead of time. We require a minimum of 48hrs in advance. We must all follow the guidelines and wear masks. If you are feeling ill, please reschedule your appointment. To schedule a visit, please contact the Social Services team member on the floor of your loved one or the Life Enrichment Director at 847-459-8700, ext. 1044

Our visitation schedule is as follows:

*** **2nd floor:** Monday to Friday from 1:00pm to 5:00pm

*** **3rd floor:** Tuesday and Thursday from 9:00am to 11:30am

*** **4th floor:** Monday, Wednesday and Friday from 9:30am to 11:30am

If this schedule does not accommodate you, please call ahead to see if there is any availability for the weekend time slots of 9:00am to 11:30am or 1:00pm to 3:30pm.

In August we look forward to more fun including Taco Tuesday, Sip & Paint and much more! We miss you all and look forward to seeing you, even if it is 6 feet apart through the patio fence!



The **month of August** is often referred to as the "dog days of summer" but not because of pet pooches. It has to do with the star Sirius, also known as the dog star, which rose at the same time as sunrise during the **month of August** in ancient Roman times.



MESSAGE FROM OUR ADMINISTRATOR...

July 28, 2020

Dear Family Members and Friends,

We hope you are all well and have had an opportunity to enjoy the summer months.

As I have mentioned in previous correspondence, we have been proactive in all our procedures and activities to mitigate the spread of this virus. We are very happy to report that the Greek American Rehabilitation and Care Centre has been **Covid FREE for the past six weeks!**

I am very grateful to our Board of Directors, Administrative team and all our staff who have worked diligently since mid-March to keep our residents and staff healthy and safe. I also would like to thank all our residents' family members for your patience and understanding during this very unusual time.

However, this Pandemic is not over and we must continue to be conscientious in our efforts and continue to practice social distancing best practices, including wearing masks, so that we continue to be Covid free. Additionally, the Governor of Illinois has not lifted any restrictions regarding visitation to nursing home facilities. Therefore, we must continue visitation of your loved ones through social media and scheduled patio visits.

Together, we will all get through this. We thank you again for all your support and words of encouragement. Please visit our website www.greekamericancare.org for regular updates, and as always, feel free to contact me with any questions or concerns at 847-459-8700 x 1017.

Best regards,

Dino Varnavas

Administrator

HISTORY OF AUGUST:

In the original Roman calendar the month of August was called Sextilis. This was because it was the sixth month of the year. Later, after January and February were added to the calendar, it became the eighth month of the year. At the time the month had 29 days. When Julius Caesar created the Julian calendar in 45 BC, two days were added giving the month 31 days. The month was later renamed Augustus in honor of the first emperor of Rome, [Caesar Augustus](#).

- August Flowers: Gladiolus and the Poppy
 - Birthstone: Peridot
 - Leo (July 23–August 22)