

THE GREEK-AMERICAN TIMES

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SPECIAL POINTS OF INTEREST IN DECEMBER

- 12/1 Orthodox Service with Fr. Emmanuel Hatzidakis
- 12/2 Amalthia Society Visit
- 12/7 Bible Study
- 12/7 Social with Tom and Frank
- 12/8 Orthodox Service with Fr. George Bessinas
- 12/10 Family Holiday Brunch
- 12/11 Perifania Dance Troupe Performance
- 12/12 Ascension School Carolers Visit
- 12/14 Bible Study
- 12/14 Northfield United Visit
- 12/15 Orthodox Service with Fr. Chrysanthos Kerkeres
- 12/15 Greek Coffee with St. Demetrios of Elmhurst
- 12/15 Hellenic American Academy Christmas Show
- 12/17 Opera Performance
- 12/18 Jewelry Sale
- 12/19 St. Haralambos Social
- 12/20 Laconian Society Visit
- 12/21 Bible Study
- 12/22 Orthodox Service with Fr. John Pilafas
- 12/23 Resident Christmas Party
- 12/24 Caroling with Annunciation Cathedral
- 12/25 Christmas Day Social
- 12/26 Hanukkah Service
- 12/28 Bible Study
- 12/29 Greek Coffee with Ahladokampos
- 12/29 Orthodox Service
- 12/31 New Year's Eve Party



LOOK WHO'S CELEBRATING A BIRTHDAY



- | | |
|------------------|---------|
| • Mae K. | Dec. 4 |
| • Edward K. | Dec. 4 |
| • Georgia M. | Dec. 8 |
| • David M. | Dec. 11 |
| • Margaret N. | Dec. 13 |
| • Constance K. | Dec. 13 |
| • Konstantina G. | Dec. 15 |
| • Ida M. | Dec. 16 |
| • Marie M. | Dec. 20 |
| • Rachel D. | Dec. 24 |
| • Kyriakula S. | Dec. 25 |
| • Ramona H. | Dec. 25 |
| • Caroline T. | Dec. 28 |

Christmas gift suggestions: To your enemy, forgiveness. To an opponent, tolerance. To a friend, your heart. To a customer, service. To all, charity. To every child, a good example. To yourself, respect.





ACTIVITY HAPPENINGS



The month leading up to the beginning of the holiday season has been busy for our home! We kicked off November with the upbeat and joyful music of Sark and enjoyed an afternoon social with Tom and Frank. We welcomed our monthly visitors from St. Haralambos, St. Demetrios of Elmhurst and Ahladokamos. We also enjoyed a weekend visit from the TIU Women's Basketball Team. Everyone celebrated November birthdays with Holy Trinity and were happy to see visitors from St. John the Baptist on Thanksgiving Day. Our outings were just as fun and exciting! We made trips to the St. John Chrysostom Monastery, St. Harlambos' Holiday Bazaar, and Demetri's Restaurant. It is always wonderful to visit with our friends in the community.

Residents also kept busy with Tai Chi, Art Class and Gardening Group. Our monthly fundraiser was a success because of everyone's support. We raised over \$200 selling chili with the proceeds benefiting the Best Friends Animal Society. Thank you to everyone who helped out and donated to this great cause!

We are all eager to participate in the festivities in store next month! We have the Family Holiday Brunch, Resident Christmas Party and Resident New Year's Eve Party, in addition to all of our gracious and generous visitors who will be spending the holidays with us! As we do every year, we will have the Resident Giving Tree set up for family, staff and visitors to pick a resident name and purchase a gift for them. Please bring back your gift in a bag before December 20, 2011. Thank you and Happy Holidays!



A MESSAGE FROM SOCIAL SERVICES



Your rights as a citizen and facility resident Part Two

- You have the right to meet with the Long Term Care Facility Ombudsman, community organizations, social service groups, legal advocates, and members of the general public who come to your facility. Representatives of these groups may come to your facility to give you services, tell you about your rights, or help you assert your rights.
- You have the right to present grievances...
 - To your facility and to get a prompt response. Your facility may not threaten or punish you in any way for asserting your rights or presenting grievances.
 - To outside organizations and advocates including the following agencies:

Long Term Care Ombudsman: 1-800-252-8966

Equip for Equality, for persons with mental illness or developmental Disabilities: 1-800-537-2632 (Voice) or 1-800-610-2779 (TTY)

Illinois Department of Public Health: 1-800-858-4343 (Voice) or 1-800-547-0466 (TTY)

If you have any questions regarding resident rights please contact Emman Carmona, Social Services Director at 847-499-7134.

RESIDENT GIVING TREE

In the spirit of giving, we thought it would be nice to make sure the holidays are special for each and every one of our residents.

To participate:

- ◆ Pick a name from the Giving Tree
- ◆ Chose one of the three listed gifts to purchase
- ◆ Return the gift you purchased in a gift bag (no boxes please) with the enclosed label

We will be labeling items before they are given to the residents to make sure nothing gets lost and everyone receives a gift.

We ask that you return all gifts no later than December 20, 2011.

Our Activity Staff will pass out the gifts at the Resident Christmas Party. Thank you for your generosity and have a blessed holiday!



UPCOMING EVENT

Family Holiday Brunch

Saturday, December 10, 2011

Join us in celebrating the holidays!

The Ladies' Auxiliary Bake Sale and Raffle begins at 10:00 am.

Then join your loved one (on their floor) for a delicious holiday meal.

Afterwards, we will have live music for everyone to enjoy in the 1st Floor Activity Room.

Please RSVP to the receptionist at 847-459-8700 by December 1, 2011 to ensure enough seating for all of our guests.

Raffle Tickets!
3 for \$10 or \$5 each





Introducing.....

My name is Nancy Wener and I'm the new Clinical Dietitian. I grew up in Mt. Prospect and graduated from Wheeling High School. I got my Bachelor's Degree in Marine Biology from the University of North Carolina Wilmington, and enjoyed working with tourists for a few years before going back to school. I got my master's degree in Public Health, with a focus on Nutrition and Dietetics from the University of Michigan. After graduation, I completed an eight month dietetic internship in Michigan, where I worked for the University of Michigan Health System, Heartland Healthcare Center, and University of Michigan Athletic Department. While in college, I spent four years working for Concorde Banquets in Kildeer, IL. I'm very excited to be part of the Greek American family and can't wait to get to know everybody! The best part so far is knowing that everyone is willing to help me if I am looking for something, and that everyone greets me with a smile. I want all residents and family members to know that they are welcome to talk to me and ask questions anytime they see me.

Name: Nancy Wener

Age: 27

Where you were born: Evanston, IL

Family: My parents live in Mt. Prospect, my older sister lives in Denver.

Favorite Activity/Hobbies: I love going to the gym, watching movies, going to sporting events, and doing jigsaw puzzles.

Favorite Food: Grilled Cheese

Favorite Movie: A League of Their Own, National Lampoon's Christmas Vacation

Favorite Place you've traveled: Hawaii (Oahu specifically) and Luxembourg

What gives you most pleasure in life is: The sunshine

Best advice you can give us: Don't take life too seriously, and don't forget to laugh.

If I won a million dollars I would: pay all my student loans, send my parents on a long vacation, and split the rest between me and my sister.



LETTER FROM THE ADMINISTRATOR



Show Your Appreciation During the Holidays...

Dear Residents, Families and Friends,

I would like to once again thank all of the family members, friends, organizations and Greek American Home supporters that generously made donations honoring the Greek American Home two hundred plus employees during the 2011 holiday season. Your generous donations assisted in covering the costs of our annual employee holiday party.

Throughout the year, especially during the Christmas holidays many families have asked us if it is acceptable to give gifts to employees of the Greek American Home as a token of appreciation. With the holidays season around the corner we thought that this would be a good time to establish a procedure that would satisfy our policies and procedures and gratify your personal requests.

Our current policy is that our employees can not accept gifts of any kind. However, we have an annual "formal" holiday party in December for all employees which is a great financial undertaking for the home. Therefore, we thought that that this would be a excellent opportunity for you to show your appreciation with a monetary gift that would be applied towards this event (ex: venue, entertainment, raffle prizes, etc.) All donations are posted in the program book at the holiday party and as a non-for profit organization your donation is tax deductible.

If you are interested in making a donation, please complete the form below, make check payable to Greek American Rehabilitation & Care Centre, and mail to: Greek American Rehabilitation and Care Centre: 220 N. 1st Street, Wheeling, IL 60090 ATTN: Eleni Ifantis.

Best regards,

Eleni Ifantis
Administrator

Name: _____

Address: _____

Phone # _____

Donation Amounts:

Angel- \$1,000 _____

St. Nicholas- \$500 _____

Reindeer- \$250 _____

Snowflakes- \$100 _____

Ginger Bread- \$50 _____

Santa's Helpers-Other (under \$50) _____

Date Received: _____ Amount \$ _____ Check # _____

Greek American Rehabilitation and Care Centre is an Illinois Not for Profit Corporation exempt under Section 501(C)(3) of the Internal Revenue Code.

A Visit to St. John Chrysostom Monastery



Father Treantafeles in front of the facility bus at the St. John Chrysostom Monastery.



Residents and staff enjoying lunch at the Monastery.



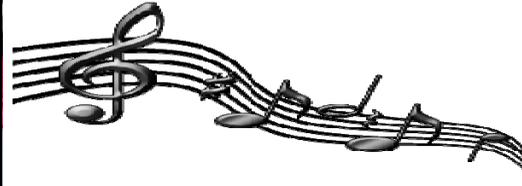
Basketball Team Visit



Members of the TIU Women's Basketball Team spent the afternoon visiting with residents.



A Musical Afternoon....



GARCC Makeover

As many of you may have noticed, we are undergoing renovations in our bathrooms and shower rooms. We are updating and beautifying our home to better accommodate our residents and visitors. Here is a photo of our new bathroom!

