

THE GREEK-AMERICAN TIMES

VOLUME 7 ISSUE 9 SEPTEMBER 1, 2011



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SPECIAL POINTS OF INTEREST IN SEPTEMBER

- 9/1 Orthodox Service with Fr. Sam Dimitriou
- 9/1 Outing
- 9/7 Art Class with Samantha
- 9/7 Bible Study
- 9/8 Orthodox Service with Fr. Chrysanthos Kerkeres
- 9/10 Cooking Group
- 9/13 Therapy Dog Visits
- 9/13 Outing
- 9/13 Sing-a-long with Eddie
- 9/14 Bible Study
- 9/14 Gardening Group
- 9/15 Orthodox Service with Fr. Nicholas Georgiou
- 9/17 Cooking Group
- 9/20 Jewish Discussion Group
- 9/21 Bible Study
- 9/22 Orthodox Service with Fr. Sotri Malamis
- 9/22 Outing
- 9/24 Cooking Group
- 9/24 Expedition Voyage
- 9/27 Therapy Dog Visits
- 9/28 Bible Study
- 9/28 Music with Luke Lucky
- 9/29 Orthodox Service with Fr. Andrew Georganas
- 9/29 Outing

Important Information!

Effective August 8, 2011, GARCC will be changing from United Rx to Pharmore pharmacy. The transition should run seamlessly since we have been assigned an acquisition team from Pharmore to assist in the transition. This should not impact the residents in anyway or the families. If any family member has a special price agreement with our current pharmacy or have any other questions, please notify Kim Akainyah DON for assistance (847) 499-7137.

LOOK WHO'S CELEBRATING A BIRTHDAY



Danae V.	Sept. 4
Joe W.	Sept. 6
Laverne G.	Sept. 7
Constantin K.	Sept. 11
Irene S.	Sept. 14
Spilios M.	Sept. 16
Basile D.	Sept. 18
Lenie D.	Sept. 18
Manmohini K.	Sept. 23
George P.	Sept. 24
Betty A.	Sept. 29
Helen L.	Sept. 29

**No spring nor summer
beauty hath such grace**

**As I have seen in one
autumnal face.**

John Donne



ACTIVITY HAPPENINGS

Welcome to the September issue of the Greek American Times.

As our summer draws to a close, we are eagerly awaiting the colorful arrival of fall. The past month has been busy for our residents. We soaked in the last rays of summer with outings to Oberweis Dairy, the Marriot Theatre to see "Aladdin" and Demetri's Restaurant. We also made a special trip to the St. Demetrios of Chicago Greek Festival. We would like to thank them for their hospitality and for accommodating us during our visit. Everyone enjoyed the food, music and company!

We spent time with our friends from St. Haralambos, Ahladokampos and St. Demetrios of Elmhurst. Our Birthday/Name Day party was a success thanks to our visitors from Annunciation Cathedral. We also spent a lovely (and sweet) morning with our visitors from Holy Apostle. It is always nice to know we have so many people thinking of us!

Residents spent time gardening with Joyce on the patio and making beautiful flower baskets for our home. We look forward to continuing this program during the fall and winter seasons as well! We learned how to reuse, reduce and recycle with Sam, who showed us how to make interesting crafts with recyclable materials. We are all eager to see what we will be creating next month!

August ended with an exciting magic show with Michael Hall that kept everyone asking "how did he do that?". Keeping up with our monthly fundraisers to give back to the community, the Housekeeping and Laundry Department held a successful taco sale benefiting St. Jude's Children's Hospital. We can't wait for the exciting events and programs in store for September!

Activity Department Wish List

- Fashion Jewelry
- Crayola Markers
- Men's and women's shirts
(sizes medium to extra large)
- Sunglasses
- Hats
- Travel size hand lotion
- Body spray
- Greek Movies (DVD)
- Women's handbags
- Crossword/word search books
- Portable CD Player w/
headphones



A MESSAGE FROM SOCIAL SERVICES



Your rights to stay in your facility

Part One

You have the right to keep living in your facility, unless your facility forces you to move because you are dangerous to yourself or others, for medical reasons, you have not paid or are late paying your bill, or your facility closes.

You must be given written notice (*Notice of Involuntary Transfer or Discharge Pursuant to the Nursing Home Care Act*), if your facility wants to remove you from the facility. Ask for it or, by moving and not receiving it, you may be agreeing to a voluntary transfer to another facility. If requested, the notice must:

- Tell you why your facility wants you to move
- Tell you how to appeal to the Illinois Department of Public Health
- Provide a stamped and addressed envelope for you to mail your appeal in; and
- Be received 30 days prior to the day they want you to move from a Medicare or Medicaid certified facility; or
- Be received 21 days prior to the day they want you to move from a State licensed facility

You have the right to appeal to the Illinois Department of Public Health and if you choose to appeal:

- A Department of Public Health hearing officer will travel to your facility to hear why you believe you should stay in the facility and why the facility believes you should move and
- Usually your facility cannot make you leave until the appeal is decided by the Department of Public Health

If you have any questions regarding resident rights please contact Emman Carmona, Social Services Director at 847-499-7134.



UPCOMING EVENT

Bob Chinn's Crab House
Fundraising Event to Benefit
**The Memory Care Floor of the
Greek American Rehabilitation
and Care Centre**

Monday, September 12, 2011

at

Chevy Chase Country Club
& Deerfield Golf Club

10:30 am \$10,000 Putting Contest

10:45 am Lunch

Noon Shotgun Start/Scramble Format

5:00 pm Cocktail Hour

6:00 pm Dinner/Raffle/Silent Auction

\$200 per golfer

*Price includes golf and golf cart,
lunch and dinner catered by Bob Chinn's*

Space is limited to first 100 golfers at each course.

Further information or to download a Golf application or sponsorship form
go to our website at www.greekamericancare.org or www.bobchinns.com

For questions or other information
please call the committee office at:
847-465-1323



Support

Greek American Rehabilitation and Care Centre

In the



Montrose Harbor

Montrose Avenue and Simonds Drive
Chicago, IL 60613

Sunday, September 18, 2011

Walk starts at 10:00 am

**Join us in the walk or donate at the front
desk to support our team!**

For questions call Luba at 847-499-7144
or Frances S. 847-499-7155



Senior Spotlight

Name: Mae Kas

Age: 88

Where were you born: Chicago, IL

Former Occupation: Secretary

Family: 1 son, 1 daughter and 1 brother

Favorite Activity: Playing the piano and hearing my brother play the violin

Favorite Food: Vanilla Ice-cream

Favorite Music: Classical

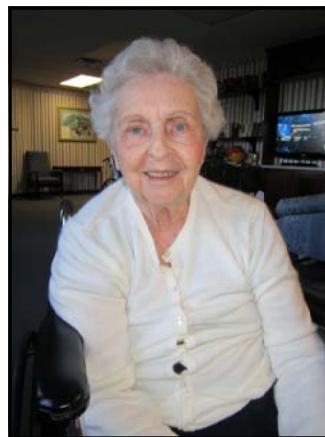
Favorite Movie: Gone with the Wind

Favorite Place you've traveled: Europe

What gives you most pleasure in life is: Animals like dogs or cats.

Best advice you can give us: Mind your own business, stay out of trouble and be kind to everyone.

If I won a million dollars I would: Give it to the needy and to hospitals. Help people as much as I can.



RECIPE FROM HOME

Chocolate Chip Pound Cake



Ingredients:

- 1 (18.25 ounce) package yellow cake mix
- 1 (3.9 ounce) package instant chocolate pudding mix
- 1/2 cup white sugar
- 3/4 cup water
- 3/4 cup vegetable oil
- 4 eggs, beaten
- 1 cup sour cream
- 1/2 cup milk chocolate chips
- 1/8 cup confectioner's sugar



Preparation:

1. Preheat oven to 325 degrees
2. Grease and flour a 10 inch Bundt pan
3. In a medium bowl, stir together cake mix, instant pudding and sugar. Add the water, oil, eggs and sour cream, mix until well blended.
4. Fold in the chocolate chips and our into Bundt pan.
5. Bake for 50 to 60 minutes in the preheated oven. Cool in pan for 10 minutes before inverting it out of pan.
6. Dust with confectioner's sugar

*This recipe was shared with us
by Nota Marinos, Admissions Coordinator*



St. John Chrysostom Monastery Visit

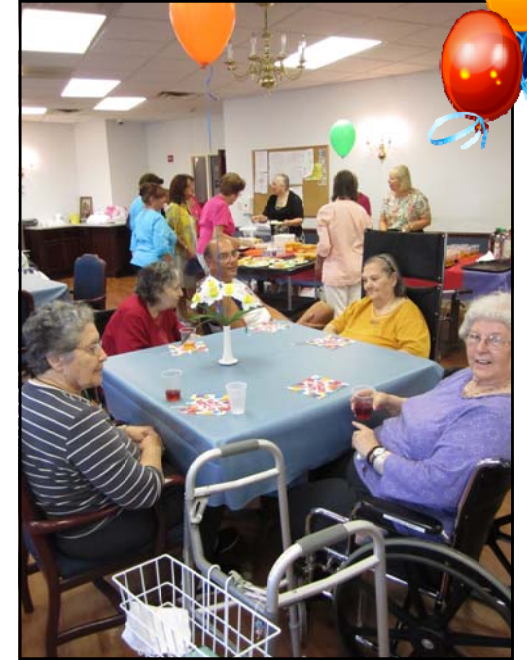


Father T., Activity Aide Joanna K. and residents pose for a picture



Residents and staff spent a wonderful afternoon at the Monastery

Birthday/Name Day Party with Annunciation Cathedral



Residents celebrate August birthdays with visitors from Annunciation Cathedral



Resident Demetra G. meets a lizard



Residents enjoying an afternoon with a few interesting animals



Exotic Animal Visit

